Making the Most of Post-16 - Understanding your learning style

Gardner's Theory of Multiple Intelligences



Learner Style

Example of how you could use the Learning Style

Solitary Learner

Learn from personal attributes, strengths and weaknesses

Auditory Learner

Learn from oral instructions, music, rhymes, group discussions

Visual Learner

Learn from pictures, videos, patterns, graphs and charts

Verbal/ Linguistic Learner

Learn from words; heard, spoken and written

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Example of how you could use the Learning Style

Logical/ Mathematical Learner

Learn from numbers, theories, patterns, logic

Social Learner

Learn from working in teams, discussion, feedback

Kinaesthetic Learner

Learn from hands-on activities, models, role-play, movement

Naturalistic Learner

Learn from surrounding environment and the outdoors